



A new era of excellence in hands-on therapy
Physical & Occupational Therapy

Colonial Promenade Shopping Center
Exit 1 off I-459
4847 Promenade Pkwy • Suite 102
Bessemer, AL 35022
Phone: 205-481-9012
Fax: 205-481-9014

Cahaba Ridge Retirement Community
3090 Healthy Way
Vestavia Hills, AL 35243
Phone: 205-756-4361
Fax: 205-774-1561

Flexible Scheduling Mon-Fri

PATIENT REFERRAL: Patient's Name: _____

Date of Birth: _____ Surgery Date: _____

Cell Phone: _____ Home: _____ Work: _____

Diagnosis: _____

Procedure: _____

Limitations or Precautions: _____

Evaluate and Treat

- PT or OT at Provider's Discretion*
- Class IV Laser Therapy
- Manual Therapy (Jt mob, STM, MFR, N-mob, MET)
- Thermal modalities
- Electrical Stimulation
- Ultrasound
- Iontophoresis / Phonophoresis
- Functional Dry Needling
- Cognitive Therapy
- Vielight Neuro LLLT (Brain)
- _____
- PT
- OT
- Work Rehab
- TENS (For Home Use)
- Cervical/Lumbar Traction
- Gait Training: NWB PWB FWB
Crutches RW QC SC
- Balance Training / Vestibular Rehab
- Orthotic Fitting
- Custom Brace _____
- Self Care Training
- Therapeutic Exercise
- Neuromuscular Re-Education

Additional Comments

Return to Sport/Work: Unrestricted Unrestricted with use of Brace
 Restricted _____

Date of Next Physician Appointment: _____ Date to Begin PT: _____

Number of visits per week: 1 2 3 4 5 Duration: 1 2 3 4 5 6 Weeks

Physician's Signature

Date